

This Community Behavioral Health Services (CBHS) course is free to SF Department of Public Health and SF Human Services Agency staff. The course is also free to the staff of CBHS contracted agencies and professionals registered with the SF Mental Health Plan. A \$20.00 per license fee will be charged for continuing education units. For clinicians not registered with the SF Mental Health Plan, there is a \$75.00 tuition fee. (fees are nonrefundable) **Agency must be noted.** Please mail or fax the registration by **November 16, 2007** Attention: Norman Aleman — **SF Community Behavioral Health Services** 1380 Howard St., 4th floor, San Francisco, CA 94103 **Fax: (415) 252-3057**

Confirmations will be conducted by email
ONLY ONE NAME PER REGISTRATION FORM
 Call Norman Aleman with questions at 255-3553

Wellness and Recovery in Action

Name/Degree/Title: _____

Agency: _____

Address: _____

Telephone: _____ Fax: _____

Email: _____

CEU/CMEs: Yes _____ No _____

License type: PhD LCSW/MFT/MFCC MD RN/LPT/LVN/CNA
 CAADAC/CAADE

License Number _____

\$20.00 fee (for each type of license) for CEU/CMEs enclosed:

_____ Check _____ Money Order (We do not accept cash or credit card). Please make your check payable to SFMHEF, Inc.

CEUs Provider SAN067 is awaiting approval by the California Psychological Association Accrediting Agency for 6 contact hours for clinical psychologists. Provider no. CEP 03548 is approved by the California Board of Registered Nursing for 6 contact hours for RNs, LPTs, CNAs, LVNs. Provider number PCE 365 is approved by the Board of Behavioral Science for 6 contact hours for L.C.S.W.s, M.F.T.s, and M.F.C.C.s. Provider approved by the California Association of Alcoholism and Drug Abuse Counselors (CAADAC), Provider number 4C-01-450-0105, for 6 contact education hours. Provider approved by the California Association of Alcohol/Drug Educators (CAADE), Provider number CP40 757 C0608, for 6 contact education hours.



This is an activity offered by Community Behavioral Health Services (CBHS), a CMA accredited provider. Physicians attending this course may report up to 6 hours of Category 1 credits toward the California Medical Association's Certification in Continuing Medical Education and the American Medical Association's Physician's Recognition Award.

Wellness and Recovery in the Behavioral Health Workplace: Strategies for Consumer Employment and Retention and for the Creation of a Worker Friendly Environment



Trainers:
Sharon Kuehn, MHRE
Katrina Killian

Friday, November 30, 2007
9:00am– 4:30pm

St. Mary's Conference Center
1111 Gough St.

Sponsored by:



Community Behavioral Health Services (CBHS)
 San Francisco Department of Public Health

*****NOTE: IF YOU ARE SEEKING CEUs/ CMEs AND ARRIVE LATE OR LEAVE EARLY YOU WILL NOT RECEIVE CEUs.******



- A limited number of free parking spaces may be available at the St. Mary's Cathedral parking lot (enter on Gough Street). Kindly observe all posted signs for reserved parking. Additional paid parking is available at the Japantown Center public parking lot, northwest of the Cathedral, between Laguna and Webster.



- Bus lines to the Cathedral include lines # 2, 3, 4, 38 and 38L. For more information see www.511.org or call 311. BART Civic Center station is approximately 11 blocks away from the Cathedral.



- The conference is wheelchair accessible.

Training Committee
 San Francisco Department of Public Health
 Community Behavioral Health Services
 1380 Howard Street, 4th Floor
 San Francisco, CA 94103

Workshop Overview:

As the employment of persons who receive services has become a valued practice in behavioral health, we must adapt work culture, our organizational policies and employment practices to open the door for the success of consumer employees. As we focus on providing wellness recovery services, the successful inclusion of consumers as providers can make the change real.

Sharon Kuehn and Katrina Killian are experienced as both trainers and support experts in the employment of clients in the public behavioral health system. They will address specific hotspots that often arise as programs and services adapt to include consumers as co-workers. Along with a panel of local consumer-providers and their supervisors, Sharon and Katrina will provide insight and direction on how to handle challenges, and how to organize your approach to maximize the benefits of hiring, supporting and promoting consumer employees.

This training conference will prepare the participants to take action steps to enjoy the benefits and handle the challenges of successfully employing consumers in San Francisco's Behavioral Health system.

Workshop Objectives:

- Hotspots in consumer employment: approaches that work.
- Training for consumer-providers supervisors and co-workers.
- Support system for the consumer employees: on and off the job.
- Career Ladders: Using MHSA resources to add options for consumer employees.

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Session Agenda

8:30AM	Registration
9:00AM	Welcome Introduction Barbara Garcia, MPA Deputy Director of Public Health Director of Community Programs Bob Cabaj, MD Director Community Behavioral Health Services Edwin Batongbacal, LCSW Director Adult and Older Adult Services
9:15AM	Consumers As Providers: Making Change Real Welcome and Overview of the Day ID of Top HotSpots (Update from last year's event) Mental Health Services Act Workforce Training & Education Context: Local Leadership
10:30AM	Break
10:45AM	Panel of SF consumer-providers and agency directors Topic: From Consumer to Colleague: What's Working in SF County
11:45AM	Lunch break (on your own)
1:00PM	Roundtable Session: Trainers' feedback to the morning panel / Hotspots made manageable
2:00PM	Career Ladders (Working with HR; redefining MQs; MHSA Education & Training Opportunities)
2:30PM	Break
2:45PM	Supports for Employed Consumers – Onsite: Supervision, Accommodations, Mentors, Support Groups Offsite: Personal Supports and Self-care
3:45PM	Community Commitments: Development Plan
4:30PM	Evaluations

About the Trainers:

Sharon Kuehn is an energetic and seasoned presenter in the areas of Wellness and Recovery and Consumer Employment in the Mental Health System. She promotes the employment of consumers to provide services in order to create a system that actualizes the Recovery Vision. Sharon represents the Copeland Center for Wellness and Recovery. She is an active leader in the California Network of Mental Health Clients, and a member of the DMH Training and Education Advisory Committee. Sharon directs the Consumer Empowerment Program in Santa Barbara County and is working to promote strong client input on the implementation of the Mental Health Service Act to create wellness/recovery, consumer-driven services and supports in the community.

Katrina Killian has served the mental health community for over 8 years as a consumer employment trainer. She has worked to create opportunities within the Mental Health system to employ consumers. She has also collaborated with the California Institute of Mental Health and Boston University. Ms. Killian continues to lead the BestNow training as well as support Alameda County as a MHSA Consumer Training Coordinator.